

## **BLOG FOR NHW**

### **Announcing the launch of an innovative patient-centred portal – Natural Health Worldwide**

<https://naturalhealthworldwide.com>

Natural Health Worldwide (NHW) is a new website that launched on 1 June, this year. It is a portal which connects patients from all round the World with NHW health practitioners. These practitioners, also from all round the World, can be Medical Doctors, other qualified Health Professionals or Experienced Patients. Each practitioner has an individual webpage where they can describe their qualifications, their experience and what they specialise in. Patients can search the site by type of practitioner and or illness/problem.

Appointments are booked through the website and can be conducted by Skype, Facetime, 'phone or email. This makes the process very convenient and also caters to a forgotten patient population – the housebound and bedridden. After each appointment, patients rate their practitioners on 'Knowledge', 'Value for Money' and 'Approachability', as well as having the opportunity to leave more discursive comments. The rating system means that practitioners build reputations and this will help inform subsequent patients as to who may be the best practitioner for them.

Patients can also access lab tests via the site and there is also an extensive phlebotomists' listing in the UK, again making the process quick, easy and accessible to all.

NHW has a philosophy of providing healthcare that is as 'natural' as possible, with many of the practitioners using diet, supplementation and other non-prescription drug approaches. However, this does not exclude the use of prescription drugs, where appropriate. Initially the focus of the site is on conditions such as ME/CFS, Adrenal and Thyroid problems, Lyme Disease etc, However, NHW expects to widen its coverage as the site grows.

Dr Sarah Myhill is the website founder and has funded its development – this website is her gift to patients. Dr Myhill stands to gain nothing from NHW, having divested herself of all financial interests.

The motivation for this project can be seen from two perspectives. First, over the years, Dr Myhill has had to turn away thousands of patients and wanted to develop a portal that would provide an excellent and accessible service for these often neglected and ignored patients. NHW does just that, bringing practitioners to those patients in an easy one-stop shop.

Secondly, NHW is part of a wider agenda, which has the aim of empowering patients to take control of their own health-care. So much of modern medicine can be driven by vested financial interests and in the process, the patient is almost completely forgotten. Dr Myhill had the vision of swinging the pendulum back in favour of the patient and away from those vested interests.

To achieve this empowerment, three key areas were identified:

1. The knowledge to work out why you have symptoms and disease - Dr Myhill has undertaken an extensive book-writing exercise, with 3 books published already and 2 more on the way this year\*
2. Direct access to relevant medical tests – this is achieved via the NHW website
3. Direct access to knowledgeable Health Practitioners who can further advise and guide patients, together with access to safe and effective remedies – this is achieved via the NHW website

The hope is that NHW will contribute to the future of healthcare being more patient-centred, with access to health practitioners, lab tests, and the necessary knowledge, all putting patients back in control and giving them the choices that they both need and deserve.

Interested patients – please register here -

[https://naturalhealthworldwide.com/patient\\_sign\\_up.php](https://naturalhealthworldwide.com/patient_sign_up.php) All patients who register in June or July will be entered into a free mystery prize draw.

Interested practitioners – please register here -

[https://naturalhealthworldwide.com/practitioner\\_sign\\_up.php](https://naturalhealthworldwide.com/practitioner_sign_up.php)

Other media and general enquiries – please email [office@naturalhealthworldwide.com](mailto:office@naturalhealthworldwide.com)

## **Craig Robinson**

\*Dr Myhill has published:

- "Diagnosis and Treatment of CFS and ME – it's mitochondria not hypochondria" - [http://drmyhill.co.uk/wiki/CFS/ME -  
\\_my\\_book Diagnosis and Treatment of Chronic Fatigue Syndrome and Myalgic Encephalitis](http://drmyhill.co.uk/wiki/CFS/ME_-_my_book_Diagnosis_and_Treatment_of_Chronic_Fatigue_Syndrome_and_Myalgic_Encephalitis)
- "Sustainable Medicine – whistle blowing on 21<sup>st</sup> century medical practice" - [http://drmyhill.co.uk/wiki/My\\_book "Sustainable Medicine - Whistle-blowing on 21st century medical practice"](http://drmyhill.co.uk/wiki/My_book_'Sustainable_Medicine_-_Whistle-blowing_on_21st_century_medical_practice')
- "Prevent and Cure Diabetes – delicious diets not dangerous drugs" – [co-authored with Craig Robinson] [http://drmyhill.co.uk/wiki/My\\_book " Prevent and Cure Diabetes -  
\\_delicious diets not dangerous drugs"](http://drmyhill.co.uk/wiki/My_book_'Prevent_and_Cure_Diabetes_-_delicious_diets_not_dangerous_drugs')

Due out this year are

- "The Paleo Ketogenic Diet – getting the best of both worlds" - [co-authored with Craig Robinson]
- "Life is an Arms Race – fighting infections" - [co-authored with Craig Robinson]